

SUMMER 2017

THE OFFICIAL NEWS MAGAZINE OF SANTA ROSA GOLF & BEACH CLUB

LIFESTYLES

INSPIRED *Tradition*

11

Chef Gio's
Kitchen

14

Using Your
Senses

President's
Letter

3

Membership
Update

7

Upcoming
Events

15

CONTENTS

IN THIS EDITION

- 3 President's Letter/Board Meeting Schedule
- 4 Meet The Board
- 5 General Manager's Letter
- 6 Staff Listing
- 7 Membership Update | New Members
- 8 Golf Course Maintenance Update
- 9 From The Lesson Tee
- 10 Golf Committe Update
- 11 Chef Gio's Kitchen
- 12 Food & Beverage Update
- 13 Member Spotlight
- 14 Event Planning
- 15 Upcoming Golf & Social Events
- 16-17 SRGBC Aqua Fitness
- 18 Tournament Results
- 19 Flag Day Fundraiser Recap
- 20 Casino Royal Night
- 21 Get Enrolled



9 Keep Your Eye
On the Ball



Sweet as
11 Watermelon



Wining
12 Down

Tee
It Up¹⁰



The
First Tee®
Northwest Florida

PRESIDENT'S LETTER

On a personal note, my wife Sue and I have been members of SRGBC since 2008. In November of 2015 we took the plunge and retired, moving full time to Santa Rosa Beach. SRGBC is a very big part of our new lives providing the active lifestyle we always dreamed of. Thank you for welcoming us to paradise!

I am very appreciative of all of you for entrusting myself and all of the other Board of Directors to ensure SRGBC is managed in a financially responsible manner along with continuing to improve the overall experience for all of our members and guests. However, we could never serve the club effectively or efficiently without the quality leadership we currently have. In my brief tenure as president I have been very impressed with the enthusiasm and dedication to serve of the executive staff and department heads. Thank you to Michael, Carter, Sarah, Kelly, Kristi, Stewart and your entire teams for helping make SRGBC a wonderful place.

We all owe a very big thank you to Lee Dickerson, Steve Catalano and Allen Butler for their service on the Board of Directors. Their numerous contributions have helped significantly improve the financial and operating performance of the club! Additionally, please join me in welcoming the three new board members: Robert Reeder, Secretary and Membership Committee Chairman; Sam Dalton, Greens & Grounds Committee Chairman; and Jim Shepherd, Planning Committee Chairman. They along with returning board members Mac Clark, David Kettell, Eden Cooper-Millsap, Steve Tabor and Bill Wyrrough make up your 2017/2018 Board of Directors.



However, what really makes SRGBC is all of you, the Members! The Board and Staff are here to serve you – enhancing your experience and satisfaction with every aspect of the club. Recently all of you were invited to participate in the member survey. Thank you for taking the time to share your thoughts on how to improve the club and provide the input that will guide the staff and Board of Directors on the investments and changes that we will implement.

Additionally, I encourage every member to get involved with your club by volunteering to serve on a committee in the future or just routinely providing input to the staff, board and committees as appropriate. Lastly, the staff is attempting to make it easy to stay connected via weekly emails, social media, newsletters and board meeting minutes (available on line to equity members). So, with your support and involvement SRGBC will continue to grow and prosper.

There have been many accomplishments over the last few months which will be shared with you in this newsletter. We are in the best financial position we have been in for many years and plan to continue our financially responsible posture while investing wisely for the future. I look forward to sharing more with all of you in the near future.

President
Santa Rosa Golf & Beach Club

BOARD AND COMMITTEE MEETING SCHEDULE 2017-2018

Equity members are encouraged to stay connected with committees and your board. If you have questions or would like join in meetings, you are invited. To submit topics for discussion and for consideration, please submit to the proper chairman prior to meetings. Schedules are subject to change during holidays.

Board Meetings – 3rd Tuesday of each month @ 9:30am – Board Room

Golf Committee – 2nd Thursday of each month @ 8:30am in boardroom

Green & Grounds Committee – 2nd Tuesday of each month @ 1pm – Maintenance Building

Membership Committee – 2nd Tuesday of each month @ 2pm – Membership Office

Social Committee – 1st Tuesday of each month @ 4pm – Board Room

Pool Committee – Approximately every 6 weeks from March - December and once prior to beginning of season.

Finance Committee – 2nd Thursday of each month @ 2pm – Board Room

Planning Committee & Policies Committee – As needed

2017-2018

BOARD OF DIRECTORS



BOB BAIRD

President

The board of directors' key purpose is to ensure the company's prosperity by collectively directing the company's affairs, while meeting the appropriate interests of its shareholders and stakeholders. In addition to business and financial issues, boards of directors must deal with challenges and issues relating to corporate governance, corporate social responsibility and corporate ethics.



DAVID KETTELL

Vice President &
Golf Chair



ROBERT REEDER

Secretary &
Membership Chair



MAC CLARK

Treasurer



STEVE TABOR

Finance Chair



**EDEN
COOPER-MILLSAP**

Social Chair



SAM DALTON

Green & Grounds Chair



BILL WYROUGH

Policy Chair



JIM SHEPHERD

Planning Chair

GENERAL MANAGER'S LETTER

I hope you are having a great start to your summer season. The warm weather is here and we are in prime beach and golf season. The hot, humid weather has really helped us after the full aerification of the golf course as it has helped quicken the heal time. Our type of turf really likes humid weather and those conditions will cause the grass to grow very fast. It is also important to note the hard work of Kelly Barker and his entire staff. The heal time has been accelerated also because of how healthy it was before the aerification process began. We continue to hear great comments about the conditions and playability of the golf course.

This great weather also lends itself to memorable beach and pool activities. We had a fun Memorial Day weekend and 4th of July weekend where a lot of members came out to enjoy both of these great membership benefits. If you would like to take advantage of the beach services with La Dolce Vita, you can sign up for the season packages by contacting the accounting department at accounting@santarosacub.com. For reservations, day rentals or any questions please contact Dave Meadows at La Dolce Vita at 850.797.5237 or dave@destinbeachservice.com.

Vue on 30a continues to receive a lot of great publicity in both local magazines and participation in local wine festivals. There was a large write-up on the restaurant and Chef Gio in the 2017 Food & Wine Guide for South Walton. We also were lucky enough to participate in both the Sandestin Wine Festival and the Destin Charity Wine Auction. For the Sandestin Wine Festival, there

were more than 1000 guests attending and our venison rolls and tuna poke were definitely one of the hits of the event. The Destin Charity Wine Auction was the next weekend and also proved to be very successful. For the 300 guests at the wine auction, our team served our signature scallops and again we received some great feedback. Both of these events allowed us to get out and show off the talents of Chef Gio.

A great way to stay informed with what is happening at Santa Rosa Golf & Beach Club is to follow us on Facebook, Instagram and Twitter. These platforms give us the ability to pass on updates very quickly. It also allows us to highlight our great member moments at the club. In fact, one of our golf course maintenance employees; Taylor Wood, does a fantastic job in taking some photos of the golf course – be sure to

check out some of his pictures. As always, thank you all for being members of this great club and the continued support you show to your club and to the employees. We are looking forward to a fun and safe summer and we can't wait to share those times with you.



Michael Bickett

General Manager
Santa Rosa Golf & Beach Club



facebook.com/santarosacub
facebook.com/vueon30a



[@STRgolfclub](https://twitter.com/STRgolfclub)
[@vueon30a](https://twitter.com/vueon30a)



instagram.com/santarosacub
instagram.com/vueon30a

Vue on 30a
BEACHFRONT DINING



STAFF LISTING

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GOLF OPERATIONS

FOOD & BEVERAGE



MEMBERSHIP UPDATE

Summertime truly does bring out some of the very best in our club and community. For me...the drinks taste better, salads and seafood are king, my family creates some of our best memories and the beach towels are forever on the wash cycle. We are all truly so blessed to call this area home. It's fun to see members and their families soaking up every minute at the club. We speak about tradition at this club quite often. The tradition isn't just something we use for buzz words or marketing. Tradition is real at Santa Rosa – the tradition of fun, family and lifelong friends is absolutely undeniable here. I hope everyone is enjoying the start to a beautiful summer season at Santa Rosa Golf & Beach Club.

It has been an exciting and busy season in the membership office - welcoming a great mix of families and couples into the club! Please join me in giving a nice, warm welcome to some of our newest members:

Equity Members - Matthew & Miranda Trawick, David & Kelli Ferner and Bob & Beth Garey.

Junior Members - Adam & Tori Stapleton and Collin & Coley McMillan

Social Members - Richard Rav & Mary Stephens, Danny & Sidney Finnerty, James & June Milam, Ken & Leta Dehon, Bill Danner, Rafael & Elizabeth Estrada, Tyler & Grace Scruggs, Bob Thomson & Liz Munson and Jimmy & Michelle Oustalet

There are so many positive highlights both physically around the club and also in our local community. As no surprise, the membership levels continue to reflect this trend with the social membership nearing a wait list.

Timing is everything! Don't let your friends miss out on the club's ONE DAY OFFER on September 15. On this day, the club is hosting its Annual Prospective Member Tournament. Those who join us on this fun-filled day will be able to submit their applications with \$0 entry fee for junior and equity memberships. Members can sponsor and join in the fun for free! For more information, please email me at sarah@santarosacub.com or call directly at 850.267.2229 ext. 3.



I'd also like to take this opportunity to say a sincere thank you to the club's membership committee members: Robert Reeder, chairman, Joe Johnson, Jennifer Sanders and Ken Colbert. The club is so lucky (and I'm personally grateful) for such a wonderful group of members who volunteer their time to make Santa Rosa Golf & Beach Club the ultimate membership experience in Northwest Florida. The membership committee is committed to ensuring each new member is welcomed into the club. In addition, the committee serves as ambassadors for the club and fellow members.

As always, if there is anything I can ever assist you, your family or guests with, please do not hesitate to call, email or come by my office. Thank you again for all that you do to keep this club top of mind to our community. I hope you enjoy every minute of your summer at Santa Rosa this season!

Sarah Brazwell

Membership & Marketing Director
sarah@santarosacub.com
850.267.2229 ext. 3



GOLF COURSE MAINTENANCE UPDATE

The golf course maintenance team continues to stay busy with regular maintenance and other projects we have on our plate. The golf course has healed nicely from our aerification last month and the overall turf health is good right now. Another nice addition to the course is the club's new water aerators to the ponds. The new aerators were added on 17 and nine and we hope to have more added to the pond on 13/14 and 15/16 very soon. These aerators will help in the control of algae in the



summer months.

We are also in the process of sanding and resealing the existing teak benches and hope to have them all finished soon. As always, we are so grateful to your support of our golf course maintenance team and we are looking forward to a busy summer ahead.

Kelly Barker

Golf Course Superintendent



From the Lesson Tee

by Carter Murchison
SRGBC's Director of Golf

SWING TIP: POSTURE AND HEAD POSITION

1 It's very typical for golfers to come out of their posture position when swinging into and through impact. Retain your upper body tilt, which is very similar to what your upper body tilt would be at address. Maintaining the tilt improves ball contact.



2 Make sure you keep your HEAD DOWN - one of the worst thoughts for a golfer! Keeping the head down too long will restrict body rotation, weight transfer and arm extension on the forward swing. While your head is down at the moment of impact, it should rotate forward as your shoulders turn through the shot.

3 Start in good posture and stay in posture into impact.

4 Allow the head to rotate as you swing the club forward.

GOLF COMMITTEE UPDATE

The committee is in the process of finalizing the 2017-2018 tournament schedule. Once finalized, the schedule will be posted on the club's website, on the digital communication board located in the clubhouse and the members will be updated with upcoming tournaments in the weekly fast facts.

The golf committee has been in negotiations with "The First Tee Junior Golf Program" and we are thrilled to announce that plans have been finalized. First Tee will be conducting the summer/fall sessions starting in August, with ongoing winter and summer sessions. Please read the article included in this newsletter for additional information regarding.

A new modified scorecard will be in circulation soon. Adjustments have been made to include additional combo tees and a more user-friendly scorecard.

The marketing team has launched an improved version of the club's logo and the new logo will be embroidered on all the new summer merchandise. Stop by the golf shop to enjoy the new merchandise with the new improved club logo.

After thorough discussions, the golf and greens committees have agreed on a new policy that will go into effect regarding chipping around the putting green. Due to the congestion of range balls on the putting green, golfers will no longer be allowed to chip using range balls. There will be a specified area adjacent to the putting green (designated by a "chipping area" sign) where golfers may practice but must use their own golf balls. The members full cooperation will be greatly appreciated.

We hope everyone is having a great summer and enjoying the wonderful golf course conditions!



THE FIRST TEE JUNIOR GOLF PROGRAM

DATES: August 19th - October 28th, 10-week program.

DAYS/TIMES: Saturday's, 1 1/2 hour sessions, time TBA

AGES: 7 - 17 years old, classes for 5 and 6 years old available but need 5 children to schedule clinics.

COST: \$110 per child for the 10-week program. Clubs can be provided if needed.

Members that are interested, please sign up by July 19th. After July 19th, the clinics will be open to non-members if space is available.

For more information, contact Jacob White at 850.267.2229 or by email at jacob@santarosacub.com

Golf Committee members: David Kettell-Chairman, Jane Rogers-LGA President, Jerry Lancaster, Casey Joiner & Donna Pierson who sits in for Jane during the summer months.

MEN & WOMEN OPEN TEE TIMES

No tee time needed! Join SRGBC's Open Member Play each week. For more information, contact the golf shop at 850.267.2229.

TUESDAY

Ladies Golf 10 a.m.
Men's 9-Hole Golf 1 p.m.

THURSDAY

Ladies Golf 9 a.m.
Ladies Golf 10 a.m.

SATURDAY

Men's Open Golf 7 a.m.

WEDNESDAY

Men's Open Golf 10:40 a.m.

FRIDAY

Men's Open Golf 10:40 a.m.
Men's 9-Hole Golf 1 p.m.

SUNDAY

Couples Golf 12 p.m.
Couples 9-Hole Golf 2 p.m.



CHEF GIO'S KITCHEN



WATERMELON & FETA SALAD

INGREDIENTS

FOR THE SALAD:

Watermelon, 2 slices
Feta Cheese, 2 oz. sliced
Arugula, 2 oz

FOR THE VINAIGRETTE:

Watermelon, 1 lb. chunks
Garlic, 1 clove
Oil, 4 oz.
Rice Vinegar, 1 oz.
Mustard, 1 tsp.
Salt, pinch
Pepper, pinch

DIRECTIONS

SALAD PREPARATION:

Clean a watermelon and cut into one inch thick half-moon slices. Grill watermelon for 30 seconds on each side and then let cool. In a bowl mix vinaigrette with arugula and place on plate. Layer the grilled, cooled watermelon and sliced feta cheese on top of arugula and finish with a drizzle of the vinaigrette.

VINAIGRETTE:

Place watermelon chunks, garlic and vinegar in a blender. Turn on blender and add mustard. Slowly add oil and emulsify. Add salt and pepper in needed.

Chef Gio Filippone

Executive Chef, Vue on 30a

WHAT WINES ARE YOUR FAVORITES?

WE WANT TO KNOW!

Thank you all for the warm welcome I have received these past few months since joining the team. It has been a pleasure getting to meet all of you and even to the point that I can now remember you by name.

After winding down the first few months we have seen some amazing wines at Vue on 30a. As for our wine list, we have re-evaluated it and have decided to add some popular wines in this area like the Sexual Chocolate, the Purple Heart Red Blend, Flowers Chardonnay, Whispering Angel Rose and many more. As we move forward with our food and beverage team, we are focusing on you, the member and would like to have items that you would like to see. I invite you to email me at stewart@santarosacub.com if you would like to let us know your favorites. It would be our pleasure to look into the availability for us to carry your favorite wines for you and for other members alike.

As we are going to be winding down the summer, we are hoping to see more of you involved in the social committee and social events. I like to see these events full of members, all having a great time.

Thank you again for the warm welcome I have received. I look forward to making Vue on 30a the best it can possible be for the club and the future.

Stewart Meecham

Food & Beverage Director, Vue on 30a



MEMBER SPOTLIGHT - WALTER BLESSEY

Tulane University's Reunion Weekend (May 2017) set the stage for the Emeritus Club induction ceremony and awards, the annual alumni event that honors two distinguished classmates. This year the Emeritus Club welcomed the Class of 1967 into its ranks during their undergraduate 50th Reunion, and bestowed Lifetime Achievement Awards to classmates Walter E. Blessey Jr. and Stanley Motta.

Blessey, who graduated from Tulane with a degree in civil engineering in 1967 and a law degree in 1970, is the CEO of New Orleans-based Blessey Marine Services. The company, founded in 1978, is a fleet of inland tank barges and towing vessels and employs more than 800 people. Blessey is active in trade associations and has amassed numerous business honors. His philanthropic endeavors include Junior Achievement, Children's Hospital and the Audubon Zoo.

Walter Blessey Remarks by Michael Fitts, president of Tulane University

It is my great privilege to be able to present this Lifetime Achievement Award to Walter Blessey Jr. It is perhaps telling that the first time I met Walter it was at an award ceremony. Walter was receiving the Ernst & Young's Entrepreneur of the Year Award for the Gulf States back in 2013 and I was in attendance at that celebration where I first got to shake his hand. But I had been hearing about Walter from his law school classmates since long before then.

Reports of Walter from friends and classmates always seem to follow a pattern. There is always a variant on some expression that he is "Quite a character." In fact, just a couple of weeks ago I was visiting with one of Walter's classmates. We were discussing some of the programs that have been launched in recent years at the Law School to bring our students in contact with the real world of practice. I mentioned that Blessey Marine was among the organizations that have partnered with us to bring a cadre of students to their operation and spend the day with them helping them to understand how lawyers fit into a complex business operation. That classmate said laughing, "That Walter Blessey probably spent more time on the golf course than he actually did in class." That may be something Walter wouldn't want me to tell you in front of his family, but also something he would freely admit. Walter's failure to attend some of his classes through the years never adversely affected his performance or grades. Classmates' inevitable follow-up to such observations, is that he always did well anyway. Though we claim him with great pride as one of ours at Tulane, Walter is the proverbial self-made and often self-taught man.

The second expression from classmates is always one of great admiration for what he has managed to accomplish in business and in the communities he serves. As you already know, Walter was trained as a civil engineer at Tulane as was his father, Walter Blessey Sr., before him. Though Walter's father was an accomplished engineer and beloved professor at Tulane's School of Engineering (some of you may be familiar with Walter Blessey Hall on the Tulane campus, which Walter Blessey Sr.'s colleagues and former students banded together to name in his honor), Walter Jr. decided fairly early on that he was not going to be an engineer. Interestingly, he also decided fairly early in his legal education that he was not going to practice law either (though he has, on on more

than one occasion, successfully argued and litigated his own cases when the lawyers he has hired have told him he didn't even have a case!) Walter took the education he had gained at Tulane (and that he had given himself) and went into business trading in oil right out of law school. By all accounts (including his own), he did quite well at this, but soon decided that it was time to build something of his own. He founded what was to become Blessey Marine out of his garage in 1978. He has built that business one person at a time over the past few decades into one of largest inland towing and barge companies in the country, currently employing over 800 people. Along the way, incidentally, he also owned and operated one of the largest automobile dealerships in Louisiana, which employed over 1,000 people.

The third thing classmates always remark on and one that becomes readily apparent to anyone who gets to know Walter, is HOW he runs his business. Walter knows and probably had a hand in hiring everyone who works for him. In fact, he will hasten to correct you, if you use the phrasing I just did, to say "Everyone who works WITH him." Walter treats his employees like family and they view him in the same light. He takes extraordinary measures to make sure the people who do complicated work on long hauls are safe. Walter often names his vessels after employees who have worked WITH him for many years. And when the company gets together to celebrate their successes, they behave like family toward Walter.

I am sure there is nothing that could be more pleasing to Walter than to have such a very large family, because there is little he takes more pride in than his family, who are here with him today.

I will not repeat all that you may find in your program about Walter's biography and career. I am sure that most of you in this room know it as well as I. Though, by any measure, he is a titan of business, not only in Louisiana, but throughout the country, his humble willingness to serve is boundless. When Walter learned of some of the law school's new programs to train our students in practical skills and expose them to as many facets of real world practice

as possible, his immediate response was "We can help you with that!" Walter has graciously put not only himself, but his entire executive suite at the service of our students, designing a program to bring them to Blessey Marine for a day each year and sharing with them how it is that lawyers SERVE in the context of a family business – in everything from complex contractual disputes all the way down to helping individual employees who need help in their personal affairs. Walter has a great love for young people and their education. He has been involved in leadership roles in Junior Achievement for many years – a program my own children enjoyed and benefitted from. What stands out in reports back from our students about their time at Blessey Marine is that Walter approaches his responsibility toward young people as far more expansive than simple skills training. He shares with them the values that have made him so successful in business and in life. He treats the people who work with him as his friends and family.

Walter, we are immensely proud that you are a member of the Tulane family and grateful to count you as one of our own. It is my privilege to present this award to you – one that has really been bestowed on your by your friends and classmates.



Walter Blessey of Santa Rosa Golf & Beach Club
Receives Lifetime Achievement Award

Blessey is one of the very first equity members at Santa Rosa and served as president from 1986-1990. During his tenure as president, the club opened the back nine holes of the golf course, completed the golf clubhouse and opened new tennis courts among many other achievements.

Five Senses

EVENT PLANNING USING

Utilizing the five senses makes a party great whether at home or anywhere.

SIGHT – It is probably the most important sense for your party. You need to make your party visually appealing, decorations should be inviting and festive. The room(s) or area you are having the guests in should be the main emphasis of the decor but also consider items should be at the entrance, walkway, etc. to get the guests into the mood before as they walk through the door.

SMELL – This is probably one of the hardest senses to accomplish and often overlooked, but yet the most sense linked to memory, so it is very important. This sense can be achieved simply by the aroma of food being prepared for the party. If you think about it, a summer barbecue would not be the same without the smell of the grill. Smell can be achieved food, candles, incense, diffusing essential oils. Even a color themed party should have fragrance.

SOUND – Set the mood and continue the theme with appropriate music or nature sounds. You can be creative and unexpected- alternate between nature sounds and music – mix it up and have some fun creating the scene.

FEEL – This can be achieved through the décor of the party. Textures through fabric, furniture, accessories and décor. For example



for a football themed party, besides the obvious footballs you could consider chairs with football jerseys or referee jerseys fitted over the back of the dining chairs, throw blankets on benches seating etc. Pick up some artificial turf for the buffet table or centerpiece design.

TASTE – The menu for the party should coordinate with the theme. It is fun to offer a signature cocktail that matches the theme to greet your guests. Welcoming appetizers offered as guests arrive. The “main” course, if there is one, could be kept simple but offer something for everyone. A buffet is a great option and allows for socializing. If a more formal seated dinner is your wish and is appropriate, make it special, with menu items you love to make and do well. Dessert even if you offer small bite sizes dessert is always welcome and could also be tied into the theme.

by *Kristi Rustin*
Private Event Director



Upcoming Events

GOLF & SOCIAL



August 7th – 10th – Course Closed/Course Maintenance
September 9th – South Walton Academy Charity Tournament
September 15th – Prospective Member Tournament
September 17th – FSGA
September 23rd – Sandcastle Charity Tournament
September 29th – Fore Her Charity Tournament
October 6th/7th – GBO
October 21st – 30a Charity Tournament

Kindly contact the golf shop at 850.267.2229 for available tee times and access to the practice facility during these scheduled events.



July 10th – Aqua Fitness Brunch Terrace 10:00am
August 2nd – Book Club In West Wing 3:00pm
September 6th – Book Club In West Wing 3:00pm
September 11th – Aqua Fitness Brunch Terrace 10:00am
September 22nd – Endless Summer Nights: Havana Nights

For a detailed list of upcoming events, regularly scheduled events and event times visit SantaRosaClub.com

SRGBC AQUA FITNESS

PROGRAM DESCRIPTION

All classes are led by member volunteers. SRGBC & its member volunteers cannot assume responsibility for any accident or injury you might incur while participating. Please consult your physician to determine which classes are best suited to your health & fitness level. Intensity & impact can always be varied by the individual as needed. We recommend you **bring the following to all classes**: towel, bottled water, hat, sunglasses, sunscreen & a big smile.



EQUIPMENT/ GEAR FOR CLASSES

Please see instructor if you have questions about equipment used in their class. Instructors often have extra equipment you may try before actually making a purchase if you are unsure which might best suit your needs.

EQUIPMENT RESOURCES

ONLINE:

- Amazon.com
- SwimOutlet.com
- Nekdoodle.com
- Aquajogger.com
- Zappos.com

LOCAL: (Often stocked seasonally so you may want to call first before going):

- **Dick's Sporting Goods** (belts, gloves, resistance weights, shoes)
- **Target** (water shoes, gloves, noodles, yoga mats)
- **Best Buy** (yoga mats, also has a package that includes gloves, belt, resistance 'shoes')
- **WalMart** (gloves, noodles, shoes, yoga mats)
- **Sunset Shoes** (water shoes)

Noodles can be found at most tourist locations, drugstores, grocery stores and dollar stores

SRGBC AQUA FITNESS CLASS DESCRIPTIONS & SCHEDULE JULY/AUG 2017

GET MOVIN' MONDAYS:

CLASS: YOGA ON THE BEACH (YB)

TIME: 8:00 – 8:50 *(class ends early to allow time to prepare for next class in the pool)*

LEADER: KELLI MOORE (Mary Hunt – Yoga, Karen Angelosante – Yoga or Barbie Goins – Tabata backup)

DESCRIPTION: On the beach below Vue, spend 50 minutes engaged in a continuous flowing sequence designed to improve strength & flexibility of the muscle groups. Let the inhales lift you & exhales ground you in this gorgeous setting. No prior Yoga experience required & class will be geared toward level of participants.

EQUIPMENT NEEDED: Yoga Mat (Drop cloths to place on sand provided by instructor)

CLASS: MORNING TUNE-UP (MTU)

TIME: 8:00 – 9:00

LEADER: EDEN COOPER & JERI DONALD alternating (Barbie Goins & Terri Wozniak backup)

DESCRIPTION: If you are unable to participate in beach Yoga or prefer water, this gentle work-out is suitable for all fitness levels. Participate in a variety of stretches on the side of the pool, pool stairs & water walk with resistance movements across the pool. Greet the week with Jazz Hands as we stretch & tone to Jazz-n- Broadway tunes.

EQUIPMENT NEEDED: NONE (water shoes & water gloves – optional)

CLASS: BELLS-N-BANDS (BNB))

TIME: 9:00 – 10:00

LEADER: DIANNA OWINGS (Jennifer Jones & Alane Siem backup)

DESCRIPTION: This moderate level workout to music will utilize resistance hand weights (bells) singularly & in conjunction with a variety of resistance bands to strengthen and tone upper body, legs, glutes & core. Not recommended for people with shoulder issues

EQUIPMENT NEEDED: Resistance Weights (bells); Bands (tubular, ankle, etc. provided by instructor)

WORKIN' HARD WEDNESDAYS:

CLASS: AQUA ZUMBA ® (AZ)

TIME: 8:00 – 9:00

LEADER: KAREN ANGELOSANTE (in Karen's absence, another class will be led by a back-up instructor)

DESCRIPTION: Wake up to some high energy, high volume music choreographed to a variety of aqua movements. This IS the 'Ultimate Pool Party'!!

EQUIPMENT NEEDED: NONE (aqua shoes recommended)

CLASS: WATER WARRIORS' MINUTE BY MINUTE (MBM)

TIME: 9:00 – 10:00

LEADER: KAREN ANGELOSANTE & GINA COLBERT alternating (Kristen Junker backup)

DESCRIPTION: This is a fast-paced water 'boot camp' to great music changing aqua moves on the minute while remaining in a stationary location in the pool. Exercises in the water are low-impact and this work-out is bound to get your heart rate up!.

EQUIPMENT NEEDED: NONE (aqua shoes recommended)

FEELIN' GOOD FRIDAYS:

CLASS: MERMAID YOGA (MY)

TIME: 8:00 – 9:00

LEADER: MARY HUNT (Karen Angelosante backup)

DESCRIPTION: This in-water Yoga class will focus mainly on holding a sequence of standing poses which flow from one to the next. Holds, transitions, flow & breathing principles are based upon techniques borrowed from Bikram Yoga and modified to be done in water. This mind/body connection should improve balance, core strength, flexibility & envelop you in a feeling of total RELAXATION.

EQUIPMENT NEEDED: NONE

CLASS: AQUA AEROBICS (AA)

TIME: 9:00 – 10:00

LEADER: BARBARA YOUNG & GINA COLBERT alternating (Alane Siem backup)

DESCRIPTION: This class utilizes the unique properties of water with resistance & buoyancy to make for a great low to moderate level aerobic workout encompassing all muscle groups & is suited to all fitness levels.

EQUIPMENT NEEDED: NONE (aqua shoes and aqua gloves optional)



TOURNAMENT RESULTS



THE 2017 MEMBER GUEST CHAMPIONS

Jim Eskew & Ty Lee



THE 2017 MEMBER GUEST FLIGHT WINNERS

Bobby Jones Flight – Chris Tallent & Ben Osbrach

Gene Sarazen Flight – Dennis Gagnon Jr & Drew Armacost

Sam Snead Flight – Brian Morgan & Donald Hooper

Byron Nelson Flight – Todd Burke & Les Burke

Tom Watson Flight – Lee Dickerson & Joe Dzik

Arnold Palmer Flight – William Burns & Greg Whitaker

Ken Venturi Flight – Jack Townes & John Henderson

Jack Nicklaus Flight – Jim Shepherd & Chris Shepherd

FANTASTIC SHOTS & ROUNDS

1. Bob Cook -
Shot his lowest score ever - 78
2. Tim Lamb -
Shot his age-71 on 5/24
3. Allen Butler -
Eagled #3 - 5/25
4. Rick Sroufe -
Shot his age-70 on 5/31
5. Kathy Shepherd -
Eagled #18 - 5/31
6. Steve Catalano -
Hole-in-one - 4/26
7. Rick Schoonover -
Holed a 140 yard shot on #1
for an eagle - 6/14
8. Bob Longmire -
shot his age-66
9. Bob Barnett -
Holed a 7 iron for an eagle
on #15





FLAG DAY FUNDRAISER

\$4K RAISED TO HELP SUPPORT DOGS ON DEPLOYMENT

Santa Rosa Golf & Beach Club held a special recognition ceremony and fundraising event on Flag Day, Wednesday, June 14 at Vue on 30a.

Beginning at 3:30 p.m. members, guests and the public browsed patriotic-inspired auction items and enjoyed happy hour at Vue on 30a. The program and live auction began at 5 p.m. Auction items included: one night stay and one round of golf for four at Tampa Palms Golf & Country Club, an American flag has flown over the United States Capitol, golf lessons, wine lots and much more.

The fundraiser directly benefited Dogs on Deployment, a national, not-for-profit organization which places pets

in a happy home while their owners are deployed. In addition, Santa Rosa Golf & Beach Club was able to recognize more than 25 of its very own members who have served or continue to serve in the armed forces.

"Honoring our service men and women permeates deep into the roots of Santa Rosa Golf & Beach Club because the club was originally founded by military members," said Michael Bickett, general manager for the club. "We were so honored to carry that tradition at the club, honoring those who have served, in addition to raising funds for such a great cause."



Eden Cooper-Millsap
and Bob Baird



Members and guest bid
on patriot inspired live
auction items



Mary Andrulot and
Boni Rekas



President Bob Baird
Thanks Member Wendell
Moore for His Service

CASINO ROYALE NIGHT



Mary Osborne, Tom Moreland,
Eileen Moreland and Larry Osborne



Eden Cooper-Millsap and
Laurie Johnson



Richard Angelo
and Guest



Mike & Nicki Cyphert and
Ed & Boni Rekas



FREE* GOLF
AT CLUBS WHEN
YOU TRAVEL.

FREE* DINING
AT CLUBS WHEN
YOU TRAVEL.

TICKETS TO
GREAT EVENTS

HAVE YOU ENROLLED IN MY WORLD BENEFITS YET?

(PREVIOUSLY SIGNATURE GOLD UNLIMITED)

THERE'S NEVER BEEN A
BETTER TIME TO TAKE
YOUR MEMBERSHIP TO
THE NEXT LEVEL.



Pinehurst Resort #7
Pinehurst, NC



Mission Hills Country Club
Rancho Mirage, CA

Enroll by July 31, 2017 with no enrollment fee – a \$5,000* savings.

Signature Gold available to select categories.

CONTACT THE MEMBERSHIP OFFICE TODAY.

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*Offer valid through July 31, 2017. The O.N.E. Program and corresponding benefits are subject to certain restrictions and exclusions. Reservations must be made through ClubLine for My Community and My World benefits, and are subject to availability. Participating clubs subject to change. Cart fees and guest charges may apply. Alcohol, service charges and applicable taxes are excluded. Benefits are subject to the benefit terms and conditions, which may be found on clubcorpnetwork.com. Membership application or conversion form required, and membership is contingent on successful completion of the Club's enrollment process. All offers are subject to availability. Other restrictions may apply. See Club for details. © ClubCorp USA, Inc. All rights reserved. 35226 0617 SC



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