THE OFFICIAL NEWS MAGAZINE OF SANTA ROSA GOLF & BEACH CLUB INSPIRED Tradition





President's Letter



Membership Update

Tournament Results **20**

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Let's Gin

Let's get 9 Rolling



Santa Rosa Golf & Beach Club | Vue on 30a 334 Golf Club Drive | 4801 Hwy 30a West | Santa Rosa Beach, FL, 32459 | 850.267.2229 | 850.267.2305 SantaRosaClub.com | Vueon30a.com

PRESIDENT'S LETTER

here does the time go? It has been a pleasure serving on our Board of Directors. I was elected three years ago along with Allen Butler and Steve Catalano. Our president at that time, Dennis Gagnon asked me to serve as treasurer. Due to hurricanes, tropical storms and other unfortunate events our club was in financial difficulty. We only had about \$300K cash on hand and our long-term debt was more than \$1.8M. Mr. Gagnon received a letter of default from our bank stating we were in violation of our loan agreement in which we agreed our debt service cover ratio (DSCR) would not fall below 1.25. At the time of notice our DSCR was 0.57 which meant the bank had the right to call our entire loan balance due and payable immediately. Our club was bleeding cash and we had to make some difficult decisions to improve our balance sheet, P&L and cash flow. If we did not have an excellent banker, Mr. Dewayne Youngblood (also a Club Champion), our club could have been in very dire straits with our lending institution and even tougher choices would have had to be made, one of which was to issue an assessment but rather than assess each equity member \$6,000, we were allowed to try other ways first. So, Mr. Youngblood is a Club "Champion" in more than one way. We decided to separate golf and restaurant operations into two separate business units so we

could determine where we needed to focus our efforts in order to improve our financial position. This was a long and arduous task which fell heavily on the shoulders of Lisa Wright, our controller. We instituted good business management practices, increased accountability and kept a close watch on every penny spent.

Mac Clark served as president during my second year. Our financial position was strengthening but very slowly. We recognized the need for increased revenue and a higher contribution to the bottom line. We made some tough decisions, some of which were not very popular but much more palatable than an assessment. It came as a surprise to me but one of the actions taken which had a minor impact on our members caused the most consternation among members, the \$2.00 walking fee. A factor that went into that decision was the

inherent unfairness which comes from some of our members who do not share the good fortune many of us have of being able to walk the course. In order to enjoy our golf club, they must ride a cart. The club makes a very small profit on cart rentals after paying the lease, battery charging, cleaning, maintenance and upkeep of the carts and cart paths as well as the impact on our course, but why should those of us, (of which I am one) who are able to walk the course not share a small price to help offset our cost. It was a tough pill to swallow but the \$2.00 walking fee was recommended by the finance committee, which I chaired at the time and after much deliberation was passed by the board. During that time, we recognized the need for a full time professional golf and hospitality company to manage our club. After interviewing some companies with excellent reputations and proven track records the BOD decided to hire ClubCorp/Sequoia. Many benefits came with their management company such as better buying power through economies of scale, a deep team bench of experienced professionals in our industry, better benefits for our employees and several other advantages over continuing to conduct business as usual at SRGBC. With Mac and other members of the finance committee who had a career in the financial industry we were able to restructure our debt for more favorable terms, saving our club thousands of dollars annually. Under Allen Butler's leadership as chairman of the membership and marketing committee and the outstanding job performance of Sarah Brazwell our membership grew an impressive net gain of 132

members during his three-year tenure on the board. The golf course has become known as a truly top notch course and recognized as the best course to play in our area through the guidance of our greens and grounds committee, chaired by Steve Catalano.

This past year our social activities have grown at a remarkable pace under the guidance of Eden Cooper-Millsap, chairwoman of the house and social committee, with excellent feedback from our membership. We have continued with upgrades and improvements to both the golf course and the dining experience at Vue on 30a. You may have noticed some of the work done by our staff but the following is only a partial listing of some of the excellent work they have done just this past year.

Golf: a new (additional) water well and pump installed; the bridge on # 9 repaired; many native grasses and other plants added; the under growth cleared between fairways and other areas around the clubhouse; improvements to fairways; some tee boxes leveled; some cart path repairs; new golf carts; a new ice machine; a new electronic poster board replacing the old cork board; the restrooms remodeled; the parking lot re-paved; re-paving at the agronomy center; a new

security system with lights at the agronomy center; a new lightening detection ϑ warning system; new john-deer maintenance vehicles and equipment; a new look (paint) to the clubhouse.

Vue on 30a: a new commercial walk in freezer for the kitchen; new pavers and coping around the swimming pool; new pool surface; new tile and improvements to the spa; new a/c unit; new pumps and mechanical equipment for the pool; new lighting around and in the pool area; new carpeting in the dining area; upgrades to the restrooms; a new look (paint) to the building; the parking lot re-paved.

Along with the improvements and upgrades to our facilities we have continued to manage your club in a fiscally responsible manner. Our balance sheet is much stronger now. I am proud to let you know at the end of February our long-term debt was around \$900K (vs.

\$1.8M from three years ago) and our cash on hand is more than \$1M. Our DSCR is now 5.7 and as of this writing we still have not received the payment from our BP claim. Needless to say, the club is once again in the good graces of our lending institution but we as a club cannot become complacent with our spending for it would only take one or two natural disasters, which are common in our area, to wipe out our savings. We also now have a good five year plan for continued growth.

I usually include some levity in these newsletters but due to the length of this one the quickest thing I can tell you that brings a smile to my face is that you may very well see more of me on the golf course now than you have the past three years.

Thank you for allowing me to serve on your Board of Directors, it has been a pleasure working with and for such talented and friendly people, you.....the members of Santa Rosa Golf & Beach Club.

Immediate Past President Santa Rosa Golf & Beach Club





BOB BAIRD President

PLEASE WELCOME YOUR 2017-2018 BOARD OF DIRECTORS

n welcoming our 2017-2018 new Board of Directors, we would also like to say a big thank you to our past board for their time and effort, especially Lee Dickerson, Allen Butler and Steve Catalano who have served for the past several years and have full-filled their terms. Thank you Lee, Allen and Steve for your positive contributions to our beautiful club!



DAVID KETTELL Vice President & Golf Chair



ROBERT REEDER Secretary & Membership Chair



MAC CLARK Treasurer



STEVE TABOR Finance Chair



EDEN COOPER-MILLSAP Social Chair



SAM DALTON Green & Grounds Chair



BILL WYROUGH Policy Chair



JIM SHEPHERD Planning Chair

GENERAL MANAGER'S LETTER

Il I have to say is wow! We have had several ,completed projects and successes around your club the last couple of months. We couldn't have asked for a better way to kick off our summer season at Santa Rosa. See below the projects that have been completed.

In addition to new upgrades, we also have new faces

around the club. It is with great pleasure that I announce our new Food and Beverage Director, Stewart Meecham.

Stewart joined the SRGBC team in February and brings

a wealth of experience and knowledge in the restaurant,

hotel and resort industries. Please give Stewart a warm welcome and feel free to reach him at any time by email at stewart@santarosaclub.com – he would love to hear from you! Welcome again, Stewart, we are excited to

have you as part of the Santa Rosa family.

December through March.

We have received a tremendous amount of positive feedback on these much-needed upgrades. Thank you again to all of our members for your patience and understanding as we know that these activities did not go without interruption of normal club flow, but as we know - it is well worth it when everything is done. These upgrades, paired with a constant goal of exceeding member expectations has us excited to start the summer season here at Santa Rosa!



Lastly, I would like to thank our board of directors who have served such a large part of the great year we have had. Three members of the board have just finished their three-year term. These include: Allen Butler, former secretary: Steve Catalano, former Vice President and Lee

Dickerson, immediate-past president for your board. I cannot put into words how their effort, support and time was so appreciated by the Santa Rosa staff. In that same light, we were thrilled to announce Jim Shepherd, Sam Dalton and Robert Reeder who were elected at the beginning of March to fill the open director positions on the board. We all look forward to building on the momentum of this past year and the continued the growth of your beautiful club

Here is looking to a fun and successful summer. I hope to see you soon at the

club. As always, please do not hesitate to contact me if I can ever be of assistance.

lickott. ichael

General Manager Santa Rosa Golf & Beach Club







facebook.com/vueon30a

@SRgolfclub @vueon30a

instagram.com/santarosaclub instagram.com/vueon30a

COMPLETED PROJECTS (DECEMBER - MARCH)

- New mechanical equipment for the pool and hot tub

STAFF LISTING

Michael Bickett General Manager Michael@santarosaclub.com 850.267.1240 ext. 7

Sarah Brazwell Membership & Marketing Director Sarah@santarosaclub.com 850.267.2229 ext. 3

Kristi Rustin Private Event Director Kristi@santarosaclub.com 850.267.2229 ext. 7

Lisa Wright Controller Lisa@santarosaclub.com 850.267.1240 ext. 6

Allison Ragan Accounting Office Manager Allison@santarosaclub.com 850.267.1240 ext. 5

Savannah Porter Member Billing Savannah@santarosaclub.com 850.267.1240 ext. 4

Carter Murchison Director of Golf Carter@santarosaclub.com 850.267.2229 ext. 4

Kelly Barker Superintendent Kelly@santarosaclub.com 850.866.6011

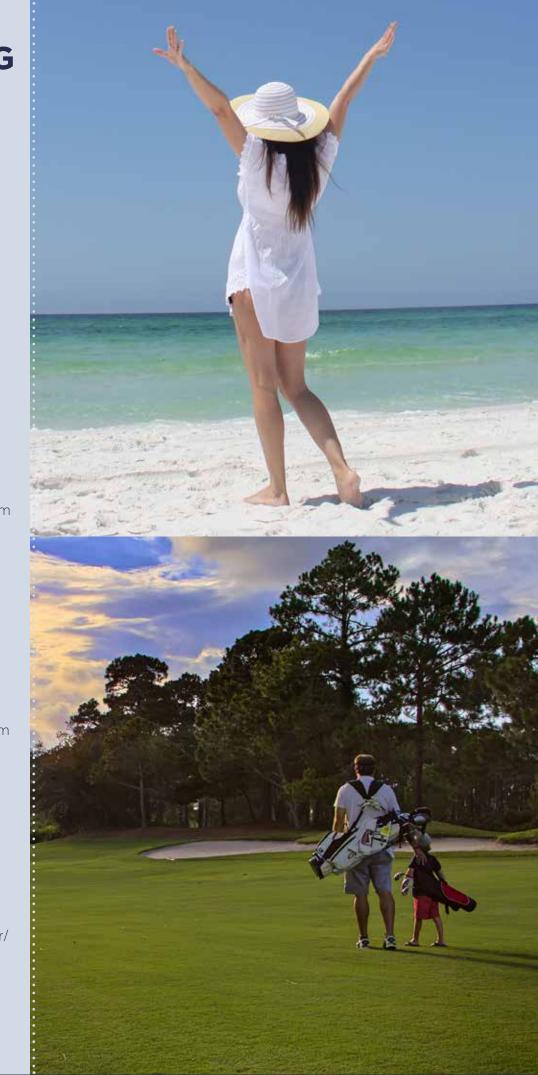
Jonathan Patronas Assistant Superintendent Jonathan@santarosaclub.com 228.297.5714

Stewart Meecham Food & Beverage Director Stewart@santarosaclub.com 850.267.2305

Chef Giovanni Filipponi Executive Chef Chef@santarosaclub.com 850.267.2305

Chad Nelson Assistant Restaurant Manager/ Service Director chad@santarosaclub.com 850.267.2305

Carol Clausen Mulligan's Grille Manager Carol@santarosaclub.com 850.267.1979



GOLF OPERATIONS

MEMBERSHIP UPDATE

This quarterly update (in particular) – we have so much good news to share on the membership, marketing and overall club front, I debate how I can even attempt to condense it all for you. Your beautiful club continues to receive awards and recognition for excellence. For example, Visit South Walton voters named Santa Rosa "Best Golf Facility" for 2017; the golf course was awarded the "30A Hotspot" award by 30a.com; and

the golf course was featured in the March issue of Nashville Lifestyles as a top choice for golfers – all of this among other top notch features during these last couple of months. I would like to give a special recognition to Vue on 30a. Did you know that your restaurant is listed as one of the Top 10 Best Places to Dine in our region with OpenTable customers?

Our team has also begun working on a logo refresh and signage around the club. You will begin to see more and more of the refreshed logos phased into

collateral pieces, online, social media, print and more as the process evolves.

We are currently in the beginning stages of redoing the club website – www.santarosaclub.com. With that, we kindly will ask for your feedback. Our ultimate goal is to make your club's website not only beautiful but also user friendly. Stay tuned for a club survey coming out in May that will include an area where you can leave your feedback regarding the website project. You can also email me directly at sarah@santarosaclub.com. Most importantly, please join me in giving a warm welcome to our newest Santa Rosa Golf & Beach Club members:

Equity Members: Tom & Lisa Hunt, Eddie & Amy Stivers, Terral & Beverly King, Christopher & Anna Albrycht, Michael & Rebecca Geihsler, Herb Albrycht, John & Beverly Naberhaus

Social Members: Jorge Saiz & Todd Reeves, Mark & Monica

Leland, Charles & Kathy Singletary, Brad & Sue Smith, Ron & Dianne Juenger, David & Dina Phillips, Trent & Lynnie Hatcher, Paul & Linnea Phillips, Jimmy & Mary Hunt, David & Jennifer Crider, David & Linda Bohan, Paul & Debbie Landers, Anton & Mary-Ann Petraitis, Andrew & Jessica Rodgers, Samuel & Susan Chesnutt, David & Linda Bohan, Rob & Tiffany Hall, Kenneth & Celeste Shipp

Junior Members: Brett & Crystal Tidwell

Collectively, Santa Rosa has added 107 new members this past year (April 2016-March 2017). If your club looks busy lately, it's because it is! In total,

Santa Rosa has more than 650 memberships with social memberships nearing its 300-max capacity.

As always, thank you for your continued support! We have received so many wonderful members this past year as a result of member referrals. Please do not hesitate to call or email me if I can ever be of assistance to you, your family or friends. Wishing all of you a wonderful spring and summer season ahead!

arah Brazwell

Membership & Marketing Director sarah@santarosaclub.com 850.267.2229 ext. 3



From our last newsletter contest, we would like to congratulate Richard Stein for being our winner. Richard won dinner for two at Vue on 30a

From the Lesson by Carter Murchison SRGBC's Director of Golf





MODIFICATIONS FOR SUMMER GOLF

As we transition from winter playing conditions to summer playing conditions, the following are some modifications that will help players of all levels maintain consistency of play with the changing conditions.

Club selection: As the grass grows, thickens and the humidity increases, be prepared for an adjustment with how far the golf ball travels. Expect to lose some distance off the tee (less

roll) and plan on increasing your club selections into the greens. Heavy air can reduce distance.

Learn to read the direction of the grain on the greens. Thicker grass will mean stronger grain which will influence direction and speed when putting.

and allow for your hands to be farther ahead of the ball.

b) Add extra weight onto your leading leg and maintain the weight on your leading leg during the backswing.



Greens will tend to be softer and more receptive to shots into the greens and less roll when chipping/pitching. Adjust club selections and landing spots for short shots.

Due to the higher and thicker grass around the greens, putting off the greens will become less of an option and chipping and pitching will be more challenging.

Tips for chipping out of thicker grass conditions:

a)The angle of attack needs to increase, play the ball a bit farther back in your stance



c) Allow for a longer swing motion to offset the thickness of the grass.

d) Increase your grip pressure so you can keep the hands and club moving through the grass on the forward motion.

e) Don't be shy... Be aggressive with your motion!

Drink lots of WATER, keep a wet towel for cooling down, avoid midday rounds, seek shade whenever possible (umbrella works too), multiple

gloves for the round, if you prefer to walk, consider balancing riding and walking and be patient. It's easy to lose focus and patience when it's warm out.

CHEF GIO'S KITCHEN



IOBSIER SPRICEROIE

INGREDIENTS

FOR THE ROLLS:

2 lobster tails 4 oz. ¹/₂ head of Napa cabbage, julienned ¹/₂ red pepper, julienned 2 oz. ginger, chopped ¹/₂ red onion, julienned 1 pack of spring roll wrappers 1 egg yolk

FOR THE SAUCE:

2 oz. of soy sauce 2 oz. of water 1 oz. of ginger chopped 1 clove of garlic chopped Pinch of red pepper flakes

DIRECTIONS

FOR THE ROLLS:

Cook lobster in a pot of boiling water, roughly 2 minutes. Once cooked, cool in an ice bath. In a large bowl, combine Napa cabbage, red pepper, ginger and red onion. Chop the lobster meat and add to the bowl of vegetables. Separate an egg and put the yolk in a small bowl

Put 1 oz. of the mix in the middle of the spring roll wrapper. Fold the sides in and roll, leaving a small flap. Brush the flap with the egg yolk and finish rolling to seal the roll. Pan fry until golden brown

FOR THE SAUCE:

Add soy sauce, water, ginger and garlic in a blender and mix. Place sauce in a bowl and add red pepper flakes to taste.



Aloha (All!

I'd like to take this opportunity to say thank you for the warm welcome I've received from you since I began the first week in February. It's a pleasure to be here and I look forward to working with everyone and taking your club food and beverage experience to the next level.

With spring comes new beGINnings and I couldn't

think of a better time to focus on a few cocktails that have been "born again." If you are one to look away when you see a cocktail when you see GIN, DO NOT LOOK AWAY, as these cocktails are made to give you a refreshing breathe of air in the hot days upon us. Stop by Vue on 30a and sip on these twisted classics that remain refreshing and crisp as the early morning spring air coming in off the gulf.

Stewart Meecham

Food & Beverage Director

CUCUMBER PEACH SEASTDE

ROSEMARY GIN SOUR Edenborough Gin Fresh Rosemary Fresh Cucumber Tres Agaves Sour Mix Agave PEACH GINIMONADE Malfy Citrus Gin Peach Puree Tres Agaves Sour Mix Pink Lemonade Garnish with Fresh Rosemary

SEASIDE WATERMELON JUICE

Edenborough Seaside Gin Watermelon Juice Lemon Juice



HEARD AROUND THE CLUB

"Hearing from our members about their experiences, favorite dishes and more is our motivation for the busy spring and summer season ahead."

> Stewart Meecham Food and Beverage Director

"Chase provides exceptional service and Chef Giovanni's food is spectacular. Eat the truffle burger."

> Christopher Albrycht, Equity Member at Santa Rosa Golf & Beach Club

"The combination of a private beach with world class food makes Vue on 30a a hidden gem and Chef Gio's menu is unique to this area – his original sauce and flair must be experienced to appreciate."

> Bob and Karen Riss Social Members

Share your story! Visit Vue on 30a or email stewart@santarosaclub.com.

GOLF COMMITTEE UPDATE

s we welcome spring with summer close behind, we will experience an increase of rain and lightning storms. Last year, the club installed the Thor Guard lightning prediction system which is considered the leader in lightning and warning systems. The major advantage of the Thor Guard system is its ability to predict the probability of a lightning strike before it occurs; therefore, providing safety protection for the club's members and guests.

The golf committee continues to meet on a monthly basis and is fully involved in discussions and decisions with the following primary goals:

1. To continue to grow the game of golf with the existing membership and to attract new members to the club.

2. To increase the participation in all member tournaments by creating a tournament schedule and formats that reflects the interest of players on all levels.

3. To interface with the greens committee to create improved playing conditions and to find a balance between scheduling tournaments and allowing the course maintenance staff to perform proper maintenance on the course.

4. To continue increasing communication flow to the members and encourage member input.

For those members who go north for the summer, we wish safe travels and hope you all had a wonderful golfing experience this winter season.

Golf Committee members: David Kettell-Chairman, Jane Rogers-LGA President, Jerry Lancaster, Casey Joiner & Donna Pierson who sits in for Jane during the summer months. **LIGHTNING POLICY:** It is imperative and mandatory that all golfers abide by the club's safety rules. The system will sound one prolonged warning signal when there is a high probability of a lightning strike in our area. All golfers (including the course and practice facilities) must immediately seek appropriate shelter. NO EXCEPTIONS. Golfers should remain in a safe area until the all clear sounds which is three, five-second blasts of the horn. Your cooperation is vital to assure the safety for all.



MEN & WOMEN OPEN TEE TIMES

No tee time needed! Join SRGBC's Open Member Play each week. For more information, contact the golf shop at 850.267.2229.

TUESDAY

Ladies Golf 10 a.m. Men's 9-Hole Golf 1 p.m.

WEDNESDAY Men's Open Golf 10:40 a.m. THURSDAY

Ladies Golf 9 a.m. Ladies Golf 10 a.m.

FRIDAY Men's Open Golf 10:40 a.m. Men's 9-Hole Golf 1 p.m. **SATURDAY** Men's Open Golf 7 a.m.

SUNDAY Couples Golf 12 p.m. Couples 9-Hole Golf 2 p.m.

GOLF COURSE MAINTENANCE UPDATE

he course maintenance staff has had a very productive winter with improvement projects on the course.

1. Native area cleaning has been completed with the goal of maintaining the areas throughout the summer months.

2. Cart path areas with the most damage were identified and replaced.

5. To improve the aesthetic value of the course and to minimize maintaining out of play areas, we have created new planting beds. These are strategically located and are finalizing the installation of plantings that will be consistent with the new planting model.

We are looking forward to scheduled summer projects that will continue to improve the course conditions, playability and aesthetics.



3. While we have completed work on several bunkers, we will continue to remove problematic bunker linings and reshaping the bunkers where needed.

4. As we have done over the recent years, we will continue working on and improving some of the existing problematic drainage areas, such as the area short of #7 green complex.

Thank you for your continued support and patience during the golf course improvement projects.

Helly Barker

Golf Course Superintendent

GOLF PROGRAMMING

MEET YOUR INSTRUCTORS



CARTER MURCHISON PGA Director of Golf

Originally from South Florida, Murchison has been a director of instruction for more than 35 years and is a Class A PGA Professional. He has also qualified and competed in five PGA National Club Professional Championships and has established four course records in his professional playing career.

JACOB WHITE Junior Instructor

Originally from Louisiana, White has called Northwest



Florida his home for more than 21 years. He is in the process of becoming a PGA Golf Professional and recently joined the SRGBC team after serving four years at Sharks Tooth Golf Club on their golf course operations team.

PERSONAL INSTRUCTION

Lessons are One Hour \$75 One Class \$375 Series of Six Lessons Available to all levels. Improve your game through skill-based instruction with a video teaching system

SUMMER PLAYER DEVELOPMENT CAMP

COMING THIS SUMMER

A great way to prepare your junior for a future in golf. Stay tuned for details to come via email and at the golf shop in the coming weeks.



SRGBC AQUA FITNESS PROGRAM DESCRIPTION

All classes are led by member volunteers. SRGBC and its member volunteers do not assume responsibility for any accident or injury you might incur during participation in these classes. Please consult your physician to determine which classes are best suited to your health and fitness level. We recommend you bring the following to all classes: towel, bottled water, hat, sunglasses, sunscreen. Additional equipment needed for specific classes is listed below.

EQUIPMENT/GEAR FOR CLASSES

Aquatic gloves & shoes, water shoes, buoyancy belts, noodles, Nekdoodles ®, resistance weights (aka bells), ankle weights, and misc. clothing options for classes are available in a variety of locations. Some common ones often used by class leaders and other participants are listed below. See one of your instructors/leaders if you have specific questions.



EQUIPMENT RESOURCES

ONLINE:

- Amazon.com
- SwimOutlet.com
- Nekdoodle.com
- Aquajogger.com
- Zappos.com
- LOCAL: (Often stocked seasonally so you may want to call first before going):
- Dick's Sporting Goods (belts, gloves, resistance weights, shoes)
- Target (water shoes, gloves, noodles, yoga mats)
- Best Buy (yoga mats, also has a package that includes gloves, belt, resistance 'shoes')
- WalMart (gloves, noodles, shoes, yoga mats)
- Sunset Shoes (water shoes)

SRGBC AQUA FITNESS CALENDAR

GET MOVIN' MONDAYS:

CLASS: BEACH WALK OR FREE SWIM (LAPS) (BWFS)

TIME: 8:00 - 8:30 or until 9:15

LEADER: (None needed for these group activities)

DESCRIPTION: Group will depart from the pool deck for a leisurely walk along the beach at 8:00. You may return in time to participate in the 8:30 class or at your leisure. Free Swim/Laps is open for participation any time between 8:00 and 9:15.

EQUIPMENT NEEDED: None; optional use of Nekdoodle® or water noodle for lap swim.

CLASS: SUN SALUTATION (SS)

TIME: 8:30 - 9:15

LEADER: Kelli Moore (Barbie Goins, backup)

DESCRIPTION: On the beach below Vue, spend 45 minutes engaged in a continuous flowing sequence designed to improve strength and flexibility of the muscle groups. Let the inhales lift you & exhales ground you in the gorgeous setting. No prior Yoga experience required but this is considered an intermediate level class. In Kelli's absence, Barbie will lead an alternate exercise class on the beach.

EQUIPMENT NEEDED: Yoga mat; drop cloths provided by Instructor

CLASS: NEKDOODLE® FITNESS (NF)

TIME: 9:20 - 10:00

LEADER: Alane Siem (Gina Colbert & Sue Bryant backup)

DESCRIPTION: The Nekdoodle® will be used for flotation, as a kickboard, & to support the neck during abdominal exercises. The Nekdoodle® also provides resistance & will be used for seated, standing & vertical exercises. Build muscle tone, burn calories and improve balance & core strength as you are guided through a variety of exercises.

EQUIPMENT NEEDED: Nekdoodle® highly recommended; water noodle may be substituted

WORKIN' HARD WEDNESDAYS:

CLASS: AQUA FUSION YOGA (AF)

TIME: 8:00 - 8:30

LEADER: Nancy Gross (Terri Wozniak backup)

DESCRIPTION: Practice blending breathing techniques with a variety of Yoga poses to promote balance, core strength & mind-body awareness while taking full advantage of the resistance, support and gentle massage of the water. Namaste... In Nancy's absence, Terri will lead an Aqua Tai Chi class.

EQUIPMENT NEEDED: None

CLASS: AQUA FITNESS ZONES (AZ)

TIME: 8:30 - 9:00

LEADER: Kristen Junker (Dianna Owings & Alane Siem backup)

DESCRIPTION: Complete a variety of aerobic and resistance exercises at different "zones" in the pool and when the whistle blows, off to the next zone your group will go. This fastpaced class will emphasize movement in all joints and is appropriate for all fitness levels.

EQUIPMENT NEEDED: Water shoes recommended; all equipment used at stations provided by Leaders

CLASS: USE YOUR NOODLE (UYN)

TIME: 9:00 - 10:00

LEADER: Eden Cooper (Alane Siem & Gina Colbert backup)

DESCRIPTION: Water noodles are utilized to stretch, strengthen core, improve balance, and tone all muscle groups. This class encompasses full range of motion, engages all extremities and has intervals of moderate cardio work.

EQUIPMENT NEEDED: Water noodle; water shoes (optional)

FEELIN' GOOD FRIDAYS:

CLASS: JAVA JOGGERS (JJ) **formerly Team Aqua Runners**

TIME: 8:00 - 8:30

LEADER: Dianna Owings (Jennifer Jones & Eden Cooper backup)

DESCRIPTION: Running, bicycling, and other resistance movements in the water are utilized to build muscle ϑ core strength. Increase aerobic conditioning and improve your flexibility without strain on the joints ϑ skeletal system. You can move to the beat of the music or slow your movement down to the double beat. Either way, you will have a fabulous cardio workout.

EQUIPMENT NEEDED: Buoyancy belt (to support & maintain proper vertical buoyancy) & Aqua Runners® (to add resistance); aquatic gloves (optional)

CLASS: BELLES WITH BELLS (BB)

TIME: 8:30 – 9:00

LEADER: Dianna Owings (Jennifer Jones & Eden Cooper backup)

DESCRIPTION: Using water resistance weights, this workout will strengthen and tone upper body, core and arms with a focus on biceps and triceps. Performing a variety of exercises with "bells" just as you would with weights out of water, the bells are also used for exercises that include squats, lunges, planks and floating both prone and supine. This class is not recommended for people with shoulder issues.

EQUIPMENT NEEDED: Resistance water weights; aquatic gloves (optional)

CLASS: AQUA AEROBICS (AA)

TIME: 9:00 - 10:00

LEADERS: Barbara Young & Gina Colbert (Alternating) & (Barbie Goins back-up)

DESCRIPTION: This class combines stretches and a low to moderate level of aerobic exercise to encompass all muscle groups. Suitable for all fitness levels.

EQUIPMENT NEEDED: None; water shoes suggested; ankle weights & aquatic gloves (optional)

IN HONOR OF OUR MEMBERS WHO HAVE SERVED



t is our distinct honor to recognize so many of our members who have served in the United States military. It is truly an honor to have so many service members at Santa Rosa Golf & Beach Club. With Flag Day (June 14) on the horizon, it reminds us all the sense of pride we have for both our country and those who have served for our country.

Anna Albrycht - Served honorably in the Air Force from 1988-2000 earning the rank of Staff Sergeant. Her occupational specialty was communications and computer systems.

Chris Albrycht - Served honorably in the Army from 1993-2007 earning the rank of Major. His occupational specialty was Military Intelligence. Anna and Chris met while working at the National Military Command Center at the Pentagon in 1999.

John Andrulot - Major, United States Air Force, 1968 – 1973

Michael Baggett (pictured) - United States Marine Corp. Sergeant- 4 years Active & Reserve Artillery.

Arun Bhalla - Served in the U. S. Army for 20 years and retired as a Lt. Colonel

General Phil Breedlove - USAF (Ret) - Served in the Air Force for 39 years. Distinguished Professor Sam Nunn School at Georgia Tech Senior Advisor Culpeper Security Solutions

William Costenbader - US Navy LCDR. 13 years

Lee Dickerson - US Navy 1968 – 1973 (5 years). Hospital Corpsman, rank HM2.

Blake Donald - Served 30 yrs in the USAF enlisted and officer LT COL (Ret). Pilot for 26 yrs flying T-37, T-38, B-52, E-3A, and B737.

Joel Eisenstein (pictured) – Served as Captain in the U. S. Marine Corps from March 1969 until June 1972. Eisenstein served in Vietnam, with Sub Unit One, 1st Air & Naval Gunfire Liaison



Michael Baggett



Joel Eisenstein



Trent Hatcher

Company, as a forward observer and forward air controller. He was also assigned as an advisor to the Korean Marines and the 5th ARVN Division (1971-72).

Keith Goode - United States Marine Corps, Corporal 1966-1070. Served in Vietnam Feb 1968-April 1969.

Trent Hatcher (pictured) - Served in the US Air Force for 17 years' active duty and 3 Years in the Indefinite Ready Reserves. Lieutenant Colonel. Was a command pilot flying KC 135 inflight air re-fuelers.

John Hedberg - U.S. Navy for 7 years reaching the rank of Lieutenant.

Gregg Jewell – USAF. TSgt. 2005-Present (~12 years)

Kent Lillie - Served in the United States Marine Corps between March of 1966 and February 1968 and was discharged with the rank of Corporal. Lillie served one tour in Vietnam with combat company Kilo, 3rd Battalion, 9th Marines.

Colonel Arthur Meriwether Jones II – (Apr. 16, 1924 - Apr. 19, 2011). Founding member of Santa Rosa, served on the Board for 9 years, 1 year as President. Colonel Jones served 30 years in the Air Force.

Dean Millsap - Dean served in the Army and retired as a Chief Warrant Officer 4 in the Army after serving 21 years. Millsap flew the very first Apache from Yuma Proving Grounds to Fort Rucker Army Aviation Center in Enterprise, Alabama.





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 Kathy & Chuck Singletary

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Wendell Moore (pictured) - United States Army. 1975 – 1978. Frankfort, Germany. Specialist E-4 71N - Traffic Management Coordinator.

SGT Jim Murray (pictured)- 11th Armored Calvary, US Army, Vietnam 1970-71.

Fred Pucciano - Served in the Army from 1969-1974 and served in Vietnam as a Sargent in the Signal Corp.

Kathy Singletary (pictured) - Served in the Air Force from 1979-1995. Retired in 1995 from Hurlburt Florida.



Gary Weller – Served in the US Army. MOS (Military Occupational Status): Dental Corps, Dentist. Rank: Major. Time in service: 5 years - 1973-1978

Hank White - US Army, Spec5 Pharmacy, Service was 1 year 8 months and 29 days most of which was in Pleiku, Viet Nam as Chief Pharmacist for the 71st Evac Hospital.

Thank you to all who submitted your name for this story.





June 14 – Flag Day Four-Legged Fundraiser 4pm-6pm

We invite you to join us at Vue on 30a for dinner and a silent auction benefitting Alaqua's "Pets for Patriots" and "Dogs on Deployment" (chapter in Pensacola). A presentation beginning at 5pm will include recognition to military active duty and retired service members. Silent auction winners will be announced at 6 p.m.



pring is in full swing (no pun intended) and this also means that wedding and event season is here! We have many events, large and small, as well as several golf tournaments taking place through spring and summer. In addition, we have many club member events for this fantastic weather time of year as well.

be unavailable due to a private event buy out. For member club events, you will see flyers around the golf club and at Vue on 30a, as well as the new digital communication board at the golf club and the weekly club email.

Looking ahead into May we have a new and exciting event called "**Casino Royale**". This is a fun date night, or friend's night out, "Casino' Party on May 12. Also, treat mom and the special lady in your life to **Mother's Day Brunch** at Vue on 30a on May 14. Reservations are required for all events, this way we can plan appropriately for staff, activities and food. Please look for flyers and email communications for pricing for any club member event, as well as each event has a specific cancellation policy.





For private event information, please be sure to check your email for the weekly communication from the club called Fast Facts, it will give you updated information on events and which portions of Vue on 30a, if any that may Having private events at our club not only makes lifetime memories for people, but it exposes us to potential new members and it shines a light on our beautiful facilities, wonderful food and what a great group of friends we have here at our club.

If you have a special event you are considering, it is never too early to discuss your plans and get your preferred date booked. Please contact me and let me know how

we can help.

Happy Spring!

Kristi Rustin



Upcoming Events golf &

April 29th/30th – Emerald Coast Junior Golf – tee times Sat/Sun
May 3rd-6th – Men's Member Guest – course closed 4th-6th
May 12th – CAI Charity Tournament – 1:00 shotgun
May 15th-18th – Course Closed/Course Maintenance
June 5th – Kiwanis Charity Tournament
June 24th/25th – Lite Scratch Tour
August 14th-17th – Course Closed/Course Maintenance

Kindly contact the golf shop at 850.267.2229 for available tee times and access to the practice facility during these scheduled events.



May 4 - Men's Member Guest Tournament - Cocktail Party
May 5 - Men's Member Guest Tournament – Ladies Luncheon
May 6 - Men's Member Guest Tournament – Party
May 12 - Casino Royale –Member Event 6-11pm
May 14 - Mother's Day Brunch 10-2:30pm
June 11 - Family Fun Day 4-6pm
June 14 - Flag Day Charity Dinner and Fundraiser 4p-7p
July 4 - 4th of July Event Member Event

For a detailed list of upcoming events, regularly scheduled events and event times visit SantaRosaClub.com

TOURNAMENT RESULTS



FIRST PLACE LOW NET TEAM Dennis Gagnon Jr Brian Brennan

FIRST PLACE LOW GROSS TEAM Dewayne Youngblood Justin Phelps



FIRST PLACE LOW NET TEAM

Rose Ann Knight Lorraine Laurence

FIRST PLACE LOW GROSS TEAM

Lois Crane Judy Heninger

2017 Men's & Ladies Member-Member Championship Results

Men's Low Gross Champion Dewayne Youngblood Justin Phelps	S 137
2nd Low Gross Jerry Lancaster Paul Jones	139
Tie-3rd Low Gross Chris Tallent Brad Rutkowski	140
Joe Knight Rick Sroufe	140
Men's Low Net Champions Dennis Gagnon Jr. Brian Brennan	115
Oakmont Flight Tie -1st Low Net-Flight Winners Joe Johnson Tim Lamb	121
Rick Parker Michael Carr	121
Travis Sanders Dave Diebolt	121
Joe Doherty Wendell Moore	121
Royal Troon Flight Flight Winners John Hedberg Tom Schnapp	119
Tie-2nd Low Net Rod Thatcher Bob Baucom	125
Bill Crane Charlie McQuagge	125
John Burns John Andrulot	125
Baltusrol Flight Flight Winner Bob Cook Bob Rogers	123
2nd Low Net John Burberry Jack Townes	124
Tie-3rd Low Net Louis Woods Mal Tucker	125
Larry Vines Roy Messer	125
Women's Low Gross Champion Judy Heninger Lois Crane	ns 164
2nd Low Gross Nancy Knight Maureen Burns	165
Women's Low Net Champions Rose Ann Knight Lorraine Laurence	128
2nd Low Net	

Mary Andrews

Meg Hood

129

TOURNAMENT RESULTS



LGA ACE OF THE YEAR Maureen "Mo" Burns

SWEETHEARTS LOW GROSS CHAMPIONS Bob & Toni Peavler

left)

SWEETHEARTS LOW NET CHAMPIONS

Arlene & Frank Margagliano (right)





CLUB CHAMPION & SENIOR CLUB CHAMPION Joe Knight

WOMEN'S CLUB CHAMPION Kathy Shepherd



Tournament Results Recap

Maureen "Mo" Burns wins LGA Ace of the Year

Bob & Toni Peavler win Low Gross title for Sweethearts Championship, Arlene & Frank Margagliano win Low Net title.

The Americans won the Can-Am over the Canadians with 26 1/2 points to 21 1/2 points.

Joe Knight shot 2 rounds of 78 to win both the Club Championship & the Senior Club Championship. Chris Tallent finished runner-up after a playoff on hole #18. Kathy Shepherd won the Women's Club Championship with a 2 day gross score total of 182. Sally Webster won the Women's Stableford with 75 points. Mike Baggett won the Men's Stableford with 78 points.



FEATS OF GOLF - 2017

- 1. Rick Sroufe turned 70 and shot his age, also shot his age @ 68 & 69
- 2. Bob Baird 1st H-I-O on #2
- 3. Bill Oakes H-I-O on #16,
- 4. Brad Rutkowski H-I-O on #8
- 5. Roy Messer H-I-O on #16
- 6. Bob Cook shot his lowest score ever 78





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Beach Club 4801 Highway 30a West Santa Rosa Beach, FL 32459 850.267.2305 www.santarosaclub.com